

WARRANTY AND SUPPORT INFORMATION

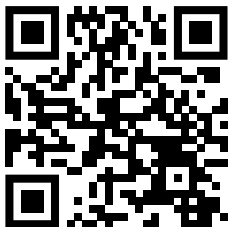
The EASYSLEEPKIT device comes with a one-year limited warranty.

For assistance, contact our customer support team via email, mail or online chat at

www.easysleepkit.com

907 Alness St,
North York, ON, M3J 2J1

easy.sleepkit@easy.sleepkit.com



WIRELESS
SLEEP
DIAGNOSTICS
AT HOME



USER MANUAL

V.1.2-2022

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Welcome to the world of better sleep with EASYSLEEPKIT!
This innovative device is designed to revolutionize the way you monitor and analyze your sleep health, providing you with a comfortable and convenient solution to use at home. EASYSLEEPKIT is a wireless sleep diagnostics device that utilizes advanced technology to measure key physiological parameters, such as heart rate, breathing, oxygen levels, body movements, and sleep time, all within a soft, ergonomic headband.

The purpose of using the EASYSLEEPKIT is to help you identify and understand any sleep disorders or disturbances you may be experiencing, without the need for visiting sleep clinics or undergoing complicated sleep tests. By analyzing your sleep data, our team of sleep specialists will provide personalized recommendations and insights to help you improve your overall sleep quality and well-being. With EASYSLEEPKIT, you can take charge of your sleep health and work towards achieving a more restful, rejuvenating sleep experience.

In this instruction manual, you'll find everything you need to know about setting up, using, and maintaining your EASYSLEEPKIT device. We encourage you to read through the manual carefully to ensure the best possible results and user experience. Here's to better sleep and a healthier, happier you!

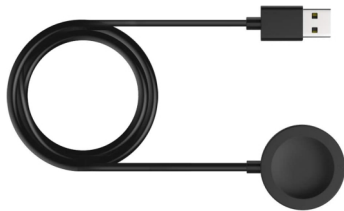
1) Headband with Sensors:

The soft, elastic headband is equipped with integrated brain activity and environment sensors for accurate sleep data collection.

2) Wireless Charging Cable:

A USB charging cable to power up the device's batteries and ensure uninterrupted sleep monitoring.

3) This Manual



Main chip with Wi-Fi Module

The built-in Wi-Fi module enables seamless data transfer from the device to the EASYSLEEPKIT app and cloud storage, allowing for real-time sleep analysis and remote access to your data.

Elastic and Comfortable Headband

The headband is designed to provide a snug and secure fit for users with different head sizes, ensuring comfort throughout the night.

Brain Activity Sensors

Advanced sensors embedded within the headband measure brain activity, allowing for in-depth analysis of sleep patterns and sleep stages.

Environment Sensors

These sensors monitor environmental factors such as high-sensitive microphone and motion sensor

Convenient Velcro Fastener

Adjustable Velcro fastener ensures a secure and comfortable fit, making it easy to put on and take off the headband.

Batteries and Wireless Charging

The device features a rechargeable battery system that ensures long-lasting performance. The USB cable with the wireless charger is provided.

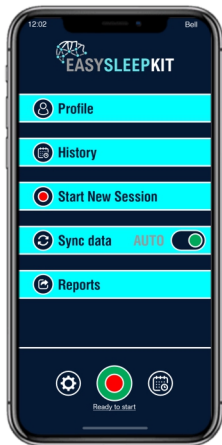


Downloading, installing, and setting up the app:

1. Visit the App Store (for iOS devices) or Google Play Store (for Android devices).
2. Search for "EASYSLEEPKIT" and download the app.
3. Launch the app and follow the on-screen instructions to set up your account and pair the device with your smartphone via Wi-Fi.

Creating a user profile and syncing with the device:

1. Complete your user profile by entering your personal information, including your name, age, height, weight, and any relevant sleep history.
2. Ensure your EASYSLEEPKIT device is powered on and nearby. The app will automatically detect and sync with the device.



Navigating the app's features, data display, and settings:

The app's main dashboard displays your sleep data, including sleep stages, duration, and quality. Use the menu to access additional features such as trends, personalized recommendations, and device settings.

Wear the headband comfortably when going to sleep:

1. Adjust the headband using the Velcro fastener to ensure a snug but comfortable fit around your head.
2. Position the sensors on your forehead, ensuring they make direct contact with your skin.



Tips for ensuring accurate sensor readings:

1. Keep your skin clean and free of oils or lotions where the sensors make contact.
2. Avoid wearing any accessories or hairstyles that may interfere with the sensors' placement and function.

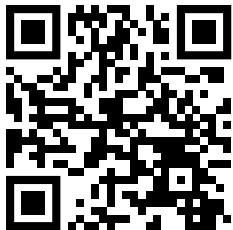
The EASYSLEEPKIT device records sleep data during the night and automatically uploads it to secure cloud storage via the Wi-Fi module.

Application and team of sleep specialists analyzes your sleep data, identifying patterns and potential issues. They also may provide personalized recommendations based on your unique sleep profile.

Access your sleep data by opening the app and navigating to the dashboard. Review the various charts and graphs to gain insight into your sleep patterns, quality, and overall health.

Consult the FAQ section within the app or visit our website for answers to common questions and troubleshooting tips.

www.easysleepkit.com



Tips for cleaning and maintaining the device:

Clean the sensors gently with a soft, slightly damp cloth. Avoid using harsh chemicals or abrasive materials. Regularly inspect the headband and device for any signs of wear or damage. Store the device in a cool, dry place away from direct sunlight when not in use.



IMPORTANT SAFETY INFORMATION AND GUIDELINES FOR USING THE DEVICE

Read and follow all safety guidelines provided in this manual. Consult your healthcare provider before using the device if you have any pre-existing medical conditions or concerns.